

**SCOTT J. ZEVON MD, FACS**  
**PHONE (212) 496-6600**  
**EMERGENCY & AFTER HOURS PHONE (917) 612-3800**  
**PRE-SURGERY INSTRUCTIONS**  
**(ANESTHESIA PATIENTS)**

Report to 75 Central Park West at \_\_\_\_\_.  
Day Date Time

**DO NOT** take aspirin, ibuprofen or NSAIDs for two weeks before surgery  
**DO NOT** take Vitamin E for two weeks before surgery  
**DO NOT** smoke before surgery  
**DO NOT** eat or drink anything after midnight the night before your surgery  
**DO NOT** wear tight fitting undergarments, pantyhose or girdles, to surgery  
**DO NOT TAKE MEDICATIONS WITHOUT SPECIFIC INSTRUCTIONS**  
from Dr. Zevon  
**DO NOT** bring jewelry or valuables to surgery  
**DO NOT** wear make-up or perfume the day of surgery  
**DO NOT** plan to drive yourself home, or travel home without an escort  
**DO NOT** plan to spend the night alone

**DO** re-read the Patient Information Package provided by Dr. Zevon  
**DO** call us if you develop a cold, sore throat, fever or other illness before surgery  
**DO** shower and wash your hair the night before surgery  
**DO** brush your teeth but do not swallow any water if your surgery is in the morning  
**DO** wear, clean, comfortable, loose-fitting clothes and shoes that are easy to put back on after surgery  
**DO** bring a case for contact lenses or glasses  
**DO** bring all medications prescribed by Dr. Zevon.  
**DO** have an adult take you home and spend the night with you after surgery  
**DO** call for special anesthesia instructions if your surgery is in the afternoon  
**DO** fill out the Personal Information Sheet provided by Dr. Zevon, and leave it in the office so we can contact your escort  
**DO** take home specific post-operative instructions for your surgery provided by Dr. Zevon

I have read and understood the above instructions. If unable to comply, I will notify Dr. Zevon.

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_